# **Prayer Team** - Training and Release Time

## **Mission of UCF**

The mission of University Christian Fellowship (UCF) is to proclaim Christ boldly to a lost and ignored generation, while being a vehicle for dynamic relationship with God and each other.

**Text:** <u>How to Have a Healing Ministry (without making your church sick).</u> C. Peter Wagner, Regal Books, 1988.

#### OR

Intercessory Prayer: How God Can Use Your Prayers to Move Heaven and Earth Dutch Sheets, 1997

## **Expectations of Prayer Team Members:**

#### Church:

- 1. Rotating schedule only when enough teams are available
- 2. Open church off for everyone
- 3. Available during and at the end of service for prayer
- 4. Attend all church prayer meetings and presbytery's
- 5. Minister at retreats, conferences, and similar functions

#### Weekly Prayer:

- 1. Meet with prayer partner once per week for prayer
- 2. Six weeks off from weekly prayer per year to be scheduled with prayer team leader AND partner
- 3. Retrieve regular updates from prayers' and 'ucfpt' lists to use for prayer times

#### Special Meetings:

- 1. Monthly group prayer to be scheduled by prayer team leader
- 2. Prayer referrals with individuals to last 3-4 sessions
- 3. Hospital/Sickness visitations as requested
- 4. Group prayer for special events or needs, ex- deliverances
- 5. Available for intercessory meetings during the week
- 6. Available for telephonic and electronic meetings if necessary

#### Education:

- 1. Complete prayer team text within the next 30 days
- 2. Complete reading list within 6 months of joining team
- 3. Read books as assigned
- 4. Recommend related texts to team AS you read them

#### **Relationships:**

#### **1. ALL INFORMATION IS CONFIDENTIAL**

- 2. The primary relationship is with your partner
- 3. The prayer team leader is a resource, coordinator, confidant, and is responsible for your accountability in this ministry
- 4. The pastor is a de facto member of the prayer teams
- 5. Fellowship/social events 2 to 3 times per year with all teams

#### Fasting:

- 1. One day per week, at least sunrise to sunset
- 2. Every Sunday until after the service

#### Hygiene:

- 1. Maintain appearance for services and events
- 2. Maintain personal hygiene
- 3. Maintain oral hygiene it is HIGHLY recommended you have some sort of breath freshener on you at all times when expected to minister

#### Spiritual Component:

- 1. Impart church vision
- 2. Impart church values
- 3. Build vulnerable/open relationships
- 4. Share the love of Christ through model and service
- 5. Act as a spiritual resource within and outside the church
- 6. Follow-up on new participants
- 7. Speak truth into each others lives
- 8. Maintain personal prayer/fellowship time with God
- 9. A caring disposition to the needs of others
- 10. An interest in the needs of others
- 11. A servant attitude
- 12. An honesty before God and man
- 13. An expectation that God will use you
- 14. An attitude of a vessel that God can flow through

- 15. The filling of the Holy Spirit
- 16. The ability to speak in tongues
- 17. Know your limitations

### E-mail:

- 1. DAILY check of e-mail for requests
- 2. Use of e-mail to coordinate meetings with teammates (Email is top means of communication!)

# How do we pray for people?

- 1. Engage the person who requests prayer
  - -Look the person in the eye
  - -Use non-verbals to let the person know you are listening
  - -You can ask to hold hands with the person as he/she shares with you
  - -Keep voice at appropriate levels when engaging the person
- 2. Determine the request
  - -Ask the person what the request is
  - -Listen to the person as they present the request
  - -Act on a word of knowledge or other prophetic utterance
- 3. Determine the need
  - -Differentiate between the request and the need
  - -Ask questions to clarify the need
  - -Look for the source not the result
  - -Pray for discernment to see the need
- 4. Determine the motive
  - -Why is the request being made?
  - -Who benefits from the request being answered?
  - -Does anybody get hurt if the request is answered?
  - -Is the request biblical?
  - -Pray for discernment to see the motive
- 5. Pray
  - -Invite the person to pray with you
  - -Agree with the prayer of the person when possible
  - -Pray concisely and to the point
  - -Pray specifically for the need
  - -Pray for a specific outcome
  - -Quote scripture when possible

-Direct prayer to the need if it strays

-Make appropriate physical contact with the person being prayed for (see above under "Engage the person who requests prayer"

-Allow time for the Holy Spirit to operate through gifts (be aware of shorter time frame after worship on Sundays)

-Expect supernatural intervention

-Expect to catch the person if he/she falls out – one team member is expected to be ready standing behind person being prayed for at all times

-Bring prayer to an obvious conclusion

-Invite the person to continue praying after you finish if there is time

-If persons desires/asks for more prayer, invite the person to pray with you AFTER service

#### 6. Practics

-Lay hands on specific body parts for healing (for people you don't know, you should ASK to do so)

-Do not touch people of the opposite gender in questionable areas

-If you don't know what to pray, pray in tongues

-Don't laugh at peoples' requests, just redirect

-Don't pray loudly about personal issues

-Repeat back information you are not sure of to clarify

-Love people when you pray for them

-Take chances and let God use you in the gifts

-Be ready with a big smile and encouraging word for the person – look ALIVE, like you CARE and are happy to be here!

#### 7. After prayer

-For serious needs see the coach, ex, signs or declarations of suicide, chronic or fatal diseases

-Place less serious needs on the intercessor list

-Inform the coach of any suspected needs for deliverance

-Inform the coach if you think you blew it

-Leave the needs with Jesus, don't take them on yourself

# Structure

Prayer teams - 2 or 3 people that pray together both in service and out

- pray in at least pairs; team regulates itself

*Prayer coach* - person who coordinates up to 10 prayer teams

-resource person

-encourager

-responsible for setting up appointments and meetings

-first level of accountability in this area -resolves conflict on teams -reports to staff member weekly

Staff member - a person on staff with prayer teams in his/her portfolio

-works with coach(s) to implement vision

-encourages teams

-approves all appointments and meetings

-approves all materials used for training

-resolves problems between teams and coaches

-reports to the pastor monthly

# How do we intercede?

Friday night prayer model in groups of two or three

- 1. Specific
- 2. Gifts
- 3. Results Oriented
- 4. Warfare based
- 5. Worship saturated
- 6. Spirit led

# Other reading:

The Three Battlegrounds – Francis Frangipane Let Us Pray – Watchman Nee Power Healing – John Wimber

# Memory texts:

Healing -

Peace -

Wisdom -

God's love -

Compassion -

Forgiveness -

Patience -

Strength -

Suffering -

Direction -

God's will -

## \*\*Know Proverbs well\*\*

c2006 - UCF of Syracuse